

K₂ Vitam[®]

Forte

**Naturally Supports Strong
Bones & Healthy Heart**



Benefits & Properties

- **Vitamin K₂ is important in the blood coagulation process via the modification of protein molecules.**
- **Vitamin K₂ contributes to skin health and bone metabolism, promotes proper brain function, and prevents heart-related diseases. Furthermore, vitamin K₂ is important in the body's use of calcium to help build bones and inhibit blood vessel calcification.**
- **K₂ Vitam[®] Forte contains flaxseed oil rich in omega-3 fatty acids, one of which is alpha-linolenic acid (ALA) which contributes to the maintenance of normal blood cholesterol levels.**